

各位校友：

今年已是「啟導同行」計劃的第十年。這個計劃是由玫瑰崗中學職業輔導組及玫瑰崗舊生會共同籌劃的。這計劃的持續性很依賴校友們的參與，尤其是 Mentor，所以現誠邀閣下擔任「啟導同行」計劃的 Mentor。我們相信這計劃將為各位帶來一個有意義的人生體驗。

計劃目的

我們希望透過「啟導同行」計劃，建立一個渠道給一班已離校多年的舊生回饋母校，與現在仍在玫瑰崗中學就讀的同學們建立一個正面的師友關係、分享經驗和提供意見。另外，我們亦希望他們能以過來人或前輩的身分向師弟師妹們作循循善誘的啟發，幫助他們選擇一個適合自己發展的方向。

Mentor

“Mentor”可解為可給予明智意見和指導的良師益友。除了是良師，我們亦希望“Mentor”們以朋友的身分替師弟師妹們打氣和鼓勵他們。然而，雖然我們希望“Mentor”們會被視為前輩模範，但我們並不是想將後輩同學們塑造成另一個自己；相反，我們的“Mentor”們會幫助同學們向他們的目標進發。在整個過程中我們並不希望“Mentor”擔當另一個家長或輔導員的角色，而是一個既開明亦不會給予負面意見的聆聽者。

「啟導同行」手冊

此手冊詳述「啟導同行」計劃的規則和指引，並藉此令各位參與人仕更能了解此計劃。手冊分為四部分：第一部分為「啟導同行」計劃的宗旨和目的。第二部分講解本計劃的詳情和實行的步驟。第三、四部分為對“Mentor”和“Mentee”的重要指引和參考資料。我們希望手冊能為參與本計劃的人仕提供指引及作參考之用。如閣下對手冊有任何意見或建議，請電郵與我們聯絡。

如欲了解過往的活動，請到以下網站

<http://rhscareers.shutterfly.com/mentorshipprogram>

欲參與「啟導同行」計劃成為 Mentor 的校友，請在 9 月 21 日(星期五) 或之前遞交申請表格。如有任何查詢，請電郵有關查詢至 mentorship@rhsosa.org。

玫瑰崗舊生會

Dear Alumni,

This will be our 10th year of the Rosaryhill Secondary School Mentorship Program (“Program”). This Program is organized by the Careers and Guidance Team of Rosaryhill Secondary School (“RHS”) with the assistance from Rosaryhill School Old Students Association (“RHSOSA”). The sustainability of this Program relies on the mentors’ commitment, enthusiasm and willingness to share. We sincerely invite qualified alumni to serve as the mentors for the coming school year. We hope this will be an enriching and transformative experience for you.

OBJECTIVES

The Program provides an opportunity for students and alumni to connect in positive one-to-one mentorship relationships. Through the Program, alumni can enhance the quality of the current students’ experience by interacting, exchanging ideas, and sharing their experiences and knowledge with current students. The other purpose of the Program is to allow our alumni mentors to contribute to their *alma mater* by serving as role models and leaders and we hope they can help this generation of students to pave way to reach their goals. In order to meet these goals and ensure lasting relationships between students and their mentors, great care will be taken in pairing alumni mentors with students who share similar hobbies and career interests.

WHAT IS A MENTOR?

Webster’s New World Dictionary defines mentor as “a person looked upon for wise advice and guidance”. A mentor can play many roles including coach, teacher, advocate, friend, cheerleader, and opener of doors. Though a mentor may be a role model, a true mentor does not ask another person to “be like me”. A mentor says, “I will help you be whoever you wish to be”. A mentor is not a parent, a peer, or a counselor. Above all, mentorship is about listening without negative judgments and questioning with respect. Enjoy your mentor-mentee relationship and to keep an open mind.

MENTORSHIP HANDBOOK

The handbook is designed to give you a thorough understanding of what the Program entails as well as some guidelines for our program participants. It is structured to provide an introduction of mentorship in Section 1. Details of the process of the Program are documented in Section 2. Alumni and students can find useful guidance about mentors and mentees in Sections 3 and 4 respectively. Please use it as a guide and reference throughout your mentorship experience and do feel free to share your suggestions with us, which will be extremely useful for our future alumni mentors and student participants.

To learn more about the past activities of the Program, please visit <http://rhscareers.shutterfly.com/mentorshipprogram>.

For those who wish to be a mentor, please complete and submit your mentor application form on or before **21st September 2018 (Friday)**. If you have further questions about the Program, please send an email to mentorship@rhsosa.org. We look forward to working with you!

Yours truly,

RHSOSA